Pointe Coupee Pecan 225-490-2025 www.PCpecan.com

Strawberry Salad with Grilled Chicken

David B. - Baton Rouge, LA

4 boneless, skinless chicken breasts
1 - 1 ½ lbs spinach, stems removed
14 - 16 strawberries, sliced
2 Tbsp water
½ cup pecans, halves or pieces
¾ cup crumbled feta or your favorite cheese
Salt & black pepper to taste



Season chicken with salt & pepper. Grill on medium high heat until done, about 5 minutes per side. Cut into thin slices. Toss spinach with Lemon Vinaigrette & divide among 4 bowls. Arrange strawberries around spinach. Sprinkle on pecans & cheese. Top with grilled chicken.

Lemon Vinaigrette

½ cup Pointe Coupee Pecan Oil

2 - 3 Tbsp lemon juice

2 tsp balsamic vinegar

2 tsp Creole mustard

Combine all ingredients in a bowl & whisk until emulsified. Serves 4



As always, Bon Appetit!